

Advent

MOMENTS



God sent a present into the world, the gift of a loving presence named Jesus. The Gospel stories indicate that Jesus gave few material things to people. What he gave most was his personal presence, gifts that were treasures of the heart; belief in self, inner healing, peace of mind, compassion, forgiveness, dignity and justice. This loving presence lives on in us and is the central focus of Christmas gift-giving.

Giving the Present of Presence

- Be with someone who needs you.
- Be with a person who gives you hope.
- Be with an older person.
- Be with someone who has helped you grow.
- Be with a child.
- Be with someone in your family.
- Be with your loved ones.

Reference: *Out of the Ordinary*, Joyce Rupp pp2,3,13

Let the Star of Gratitude encourage you to be generous with your gifts.