

Lenten

MOMENTS



The Lenten journey we have walked this past 40 days has been inviting us to our own resurrection. We are all living lives juxtaposed with darkness and light. In Paul's Letter to the Ephesians he addresses our 'sleepwalking in darkness' when he writes, "Sleeper, awake! Rise from the dead, and Christ will shine on you". (Ephesians 5:14)

PAUSE FOR REFLECTION

Bulbs need to be planted if they are ever to germinate. They wait in our autumn gardens' deep darkness for the midwife touch of spring...at the right time, the bulb begins to send up shoots ... The bulb has been prepared in the dark to produce something beautiful. There is a hidden seed in your heart waiting to blossom into its true beauty, waiting for the touch of love from the Creator who is in love with you.

— *The Heavenly Habit*, Daniel O'Leary, 2017

We all need the resurrection in our sorrow and in our joy. We need to be reminded that goodness defeats evil, light overcomes darkness, life triumphs over death. May we all be filled with the undying hope of Easter and may the light of the risen Lord penetrate our hearts.

PRAYER

Risen Lord,

You come to meet us in so many ways.

Hidden but always present in our human encounters.

Give us eyes to see you and hearts to recognise you among the signs you give.

— *The Closeness of God - The Art and Inspiration of Sieger Koder*, Gemma Simmonds, 2013

LENTEN REFLECTION

What are some of the things from which you need a resurrection?